

Smarter technology

Lenovo ThinkBook 14 *i* Gen 7

Offering robust productivity in a lightweight, stylish design, the Lenovo ThinkBook 14 i Gen 7 on Windows 11 empowers today's hybrid workforce for all-day uptime from anywhere. Speed and efficiency are always the norm, with up to 64GB DDR5 memory and up to 2TB + 2TB dual SSD1 storage. And whether you're working, collaborating, or number-crunching, the Intel® Core™ Ultra processor delivers a dedicated engine to help unlock AI experiences accompanied by highperformance low-power processing. Plus, the Intel® Evo™ Edition is engineered to do it all, with instant wake, fast charging, long real-world battery life, and remarkable responsiveness². Kickstart your Windows 11 experience with Copilot³ to save time and further enhance productivity.

Creativity takes on new depths as well, with the next-level graphics of Intel Arc™ graphics⁴ and integrated Intel® graphics. Immerse yourself in the impressive IPS panel with a 90% screen-tobody ratio, up to 2.8K display, and 120Hz refresh rate. Long workdays are worry-free, thanks to TÜV Eyesafe® certification for minimized eye fatigue, along with the large keyboard and keypad for ergonomic comfort. Al-accelerated intelligent meeting features, like smart noise cancellation, digital avatar, and gesture recognition, further elevate the user experience. Plus, smart battery management and adaptive performance enhance device optimization to beautifully balance power and productivity. Combining perfect portability, chip-level security, and notable expandability—all with gorgeous design—this Lenovo ThinkBook enables everyday brilliance.



¹ Tech Ready

² On select models only

³ The Copilot key function varies depending on your geographical location and may not be available until you upgrade your Windows operating system and necessary updates

⁴ Available only on select Intel® Core™ Ultra H-series processor

Lenovo ThinkBook 14 i Gen 7

Committed to sustainability

At Lenovo, we're focused on providing smarter technology that builds a brighter, more sustainable future for our customers, colleagues, communities, and the planet. We're determined to build a smarter future for all through the products and services we offer. And we partner with Intel, the industry leader in sustainable semiconductor manufacturing.

As we continue innovating to provide technology solutions that are more energy efficient and human centered like the Lenovo ThinkBook 14 *i*, we stay focused on empowering you to meet your own sustainability goals—and solve humanity's greatest challenges.

Responsible design	Lenovo ThinkBook 14 <i>i</i> Gen 7
Battery Pack	25% PCC recycled plastic
Keycaps	50% PCC recycled plastic Repairable keycap and scissors
Speaker Enclosure	30% PCC recycled plastic
Packaging	FSC carton and accessory box 97% recycled PIC cushion 100% paper screen sheet 90% OBP NB bag
AC Adaptor	90% PCC recycled plastic



REDUCING GREENHOUSE GAS EMISSIONS



PACKAGING SUSTAINABILITY



SUSTAINABLE PRODUCT DESIGN



SUPPLY CHAIN SUSTAINABILITY

certifications & registries

ENERGY STAR® 8.0 certified

EPEAT® Gold registered in U.S., Canada, and Germany

TCO 9.0 certified

Eyesafe® certification

FSC certified

Intel® Evo™ platform certified (select models)

Lenovo Solutions & Services

Lenovo Solutions & Services were designed from the ground up to deliver smarter solutions that create better outcomes for your business.



LENOVO TRUSCALE DEVICE AS A SERVICE

TruScale DaaS is a convenient, predictable subscription model with a range of end-to-end services that helps you avoid overprovisioning, reduce TCO, and promote circularity.



LENOVO CO2 OFFSET SERVICES

Manage your technology carbon footprint, make tangible contributions to the environment, and support verified climate action projects with easy-to-purchase offsets. Lenovo CO₂ Offset Services estimates the carbon emissions across the device lifecycle through a seamless, transparent process.



LENOVO PREMIER SUPPORT PLUS

Elevate the SMB employee IT support experience to enterprise grade with the latest ThinkBook devices alongside Premier Support Plus. Al-powered insights help you do more and waste less. Premier Support Plus delivers seamless advanced support from anywhere with smarter proactive and preventive services. It's the ideal solution for your workforce in the office, remote, or hybrid to promote productivity, reduce downtime, and create a positive employee experience.

Lenovo ThinkBook 14 i Gen 7

performance

PROCESSOR

Intel® Core™ Ultra 7 Processor or Intel® Core™ Ultra 5 Processor (Supports H28 and U15 platforms)

OPERATING SYSTEM

Up to Windows 11 Pro

GRAPHICS

Intel® Arc™ Graphics (H series with dual channel memory) Intel® integrated graphics (U Series)

MEMORY

Up to 64GB DDR51, 5600MHz, dual DIMM

STORAGE

Dual 2280 slot, 2242 compatible Up to 2TB + 2TB M.2¹ PCIe Gen4 x 4 SSD¹

CAMERA

HD/FHD RGB/FHD + IR camera¹ with Camera Privacy Shutter

AUDIO

Dolby Audio® Dual-array mics

BATTERY

45 Whr/60 Whr

AC ADAPTOR

65W/100W

connectivity

INPUT/OUTPUT PORTS

1x Thunderbolt™ 4 1x USB-C 10Gbps (Full-Function) 2x USB-A 5Gbps 1x HDMI 2.1 TMDS 1x SD Card Reader (4 in 1)

1 x RJ45 1x Audio Jack

WIRELESS

Intel® Wi-Fi 6E Bluetooth 5.3 Intel® Wi-Fi 6 Bluetooth 5.2

security

Smart Power button w/MOC FPR FHD + IR camera² Webcam privacy shutter Firmware TPM 2.0 Discrete TPM¹



Unlock new AI experiences

¹Tech Ready

design

DISPLAY

14" 2.8k (2880x1620) IPS (16:10) display, 120HZ, 100% sRGB, 400nits, anti-glare, TÜV Rheinland HW Low Blue Light and Eyesafe* certifications

14" WU (1920x1200) IPS (16:10) display, 60HZ, 45% NTSC, 300nits, anti-glare, optional Touch, TÜV Rheinland SW Low Blue Light certifications

14" WU (1920x1200) IPS (16:10) display, 60HZ, 100% sRGB, 300nits, anti-glare, TÜV Rheinland HW Low Blue Light and Eyesafe* certifications

DIMENSIONS (W X D X H)

313.5 x 224 x 16.9 mm/12.34 x 8.82 x 0.66 in

WEIGHT

Starting at 1.38 kg/3.04 lbs

MIL-STD-810H

Yes

KEYBOARD

Spill resistant (up to 60cc) Non-backlit/backlit

TOUCHPAD

120 x 75 mm

COLORS

Arctic Grey

software

LENOVO VALUE-ADD PRELOADED APPS

Lenovo Smart Meeting
Lenovo Vantage
McAfee® LiveSafe™ (trial)
Microsoft Office 365 (trial)
Intel® Unison™ on Intel® Evo™ Edition models
Intel Connectivity Performance Suite³



²Optional

³ On select models only