Why settle for less when you can experience the gold standard of productivity? The performance-focused Lenovo ThinkPad T14 i Gen 5 delivers a best-in-class UX plus next-level repairability. Powered by the Intel® Core™ Ultra processor featuring Intel vPro® to unlock new AI experiences and built-in Intel® Arc™ graphics to accelerate creativity, this Lenovo ThinkPad also boasts up to 64GB DDR5 memory and faster Wi-Fi for richer collaboration. And you’ll be wowed by the 14” display with 85% screen-to-body ratio that’s brighter than ever at 400nits—with lower power usage—thanks to 3M™ Dual Brightness Enhancement Films.

Responsible engineering defines this on-the-move notebook, with a higher thermal design and rear fan, new accessibility features like tactile keyboard markers, and refreshing user serviceability. In fact, more customer replaceable units (CRU) extend the device lifespan in support of a more circular economy, while a higher percentage of recycled material, lower energy consumption, and longer battery life attest to Lenovo’s environmental diligence priority.

Unlock new AI experiences
Lenovo ThinkPad T14 i Gen 5

PRODUCTIVE PERFORMANCE
Whether you’re working, collaborating, or creating, the Intel® Core™ Ultra processor powering this Lenovo ThinkPad delivers a dedicated engine to help unlock AI possibilities, a next-level immersive graphics experience, and high-performance low-power processing. And integrated Intel® Arc™ graphics with AI acceleration take creativity to the next level. The 64GB-5600MHz Dual SODIMM DDR5 memory, up to 2TB PCIe SSD storage, and the 52.5Whr customer replaceable unit (CRU) battery empower the everyday to be awesome. Plus, the 5MP RGB + IR and standalone 5MP camera, along with user-facing speakers, create a truly immersive audiovisual experience.

ELEVATED USER EXPERIENCE
An industry first, this Lenovo ThinkPad has implemented 3M Optical solutions, which elevate brightness by 33% to 400nits, while simultaneously lowering power consumption by 16% and improving battery life by 20% over the previous gen. Plus, the visual experience is further amped with a bold 85% screen-to-body ratio and premium OLED 120Hz panel addition. The improved thermal design takes the exhaust fan to the rear for a more comfortable user experience and increased device performance. Other UX improvements include the TrackPoint Quick Menu, keyboard swap of the function and control keys, and Wi-Fi 7 connectivity support (with Windows 11).

REMARKABLE SERVICEABILITY
With extensive customer replaceable units (CRUs) that are fast and easy to access, this Lenovo ThinkPad is engineered to endure. Users can do many replacements, repairs, and upgrades themselves, including the 52.5Whr battery. Along with the D cover serviceability, these features combine for an Industry-leading 9.3/10 iFixit repairability score. Ultimately, this notable serviceability increases user uptime and enhances device lifecycle, contributing to the demands for a more circular economy.

RESPONSIBLE, MODERN DESIGN
Setting the standard for broad accessibility, Lenovo is integrating unique features for the visually impaired, including tactile markers on the most common keys for easy finger placement and an LED bump to indicate side port location. Plus, light color changes allow for top view identification of power and charging status, while the communication bar bump-up enables easy opening. Built with more recycled material than ever, this thin and light corporate workhorse starts at just 2.86 lbs (1.30 kg) and is available in two upgraded colors—either rich Eclipse Black or sleek Luna Grey.
LENOVO TRUSCALE DEVICE AS A SERVICE (LENOVO TRUSCALE DAAS)
This subscription model is an efficient way to manage your fleet of end-user devices, optimizing resources and costs while promoting circularity. Deploy just what you need and responsibly dispose of what you don’t. Supported by our suite of services, TruScale DaaS helps you prolong device usability and create a more sustainable end-to-end journey for your IT assets.

LENOVO CO₂ OFFSET PROGRAM
While minimizing and eliminating emissions is always the goal, carbon offsetting your IT fleet is another way to help manage your overall carbon footprint. We make it easy with a seamless, transparent process for Lenovo devices across your current IT fleet or new purchases—with a sustainability dashboard to view the offset metrics. The offsets are contributed to climate action projects verified by independent third-party organizations like the United Nations, CDM, Gold Standard®, and Climate Action Reserve.

LENOVO ASSET RECOVERY SERVICES
Hardware-agnostic Lenovo Asset Recovery Services (ARS) help mitigate end-of-life IT and data security risks. We reuse parts, refurbish devices, and recycle assets. Buy-backs help you fund future IT investments. And Lenovo PCs and infrastructure hardware can get a new lease on life through Lenovo Recertified Services.

Lenovo Sustainability Services
Partner with Lenovo to implement more sustainable, cost-efficient practices across the device lifecycle and make a meaningful difference in how you use technology.
Lenovo ThinkPad T14 i Gen 5

Committed to sustainability

At Lenovo, we’re focused on providing smarter technology that builds a brighter, more sustainable future for our customers, colleagues, communities, and the planet. We’re determined to build a smarter future for all through the products and services we offer. And we partner with Intel, the industry leader in sustainable semiconductor manufacturing.

As we continue innovating to provide technology solutions that are more energy efficient and human centered like the Lenovo ThinkPad T14 i Gen 5, we stay focused on empowering you to meet your own sustainability goals—and solve humanity’s greatest challenges.

### Responsible design

<table>
<thead>
<tr>
<th>Lenovo ThinkPad T14 i Gen 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Cover</td>
</tr>
<tr>
<td>Eclipse Black: 30% recycled carbon fiber</td>
</tr>
<tr>
<td>Luna Grey: 50% recycled aluminum</td>
</tr>
<tr>
<td>B Sheet</td>
</tr>
<tr>
<td>48% PCC plastic</td>
</tr>
<tr>
<td>D Cover</td>
</tr>
<tr>
<td>30% PCC plastic with WLAN</td>
</tr>
<tr>
<td>45% PCC plastic with WWAN</td>
</tr>
<tr>
<td>Speaker Enclosure</td>
</tr>
<tr>
<td>90% PCC plastic</td>
</tr>
<tr>
<td>Battery</td>
</tr>
<tr>
<td>90% PCC plastic</td>
</tr>
<tr>
<td>Keycaps</td>
</tr>
<tr>
<td>85% PCC plastic for backlit</td>
</tr>
<tr>
<td>70% PCC plastic for non-backlit</td>
</tr>
<tr>
<td>65W standard AC Adaptor</td>
</tr>
<tr>
<td>90% PCC plastic</td>
</tr>
<tr>
<td>65W Slim AC Adaptor</td>
</tr>
<tr>
<td>90% PCC plastic</td>
</tr>
<tr>
<td>Packaging</td>
</tr>
<tr>
<td>Single standard plastic-free recyclable packaging</td>
</tr>
<tr>
<td>TOTAL PCC</td>
</tr>
<tr>
<td>20.35-24.60%</td>
</tr>
</tbody>
</table>

### certifications & registries

- ENERGY STAR® 8.0 certified
- EPEAT® Gold registered in U.S., Canada, and Germany
- TCO 9.0 Certified
- CO₂ Offset
- Eyesafe® certification

### industry scores

- PCF (Product Carbon Footprint) 219kg of CO₂e
- TEC (typical) 21.42k Wh
- iFixit Repairability Score 9.3/10
Lenovo ThinkPad T14 i Gen 5

**performance**

**PROCESSOR**
Up to Intel® Core™ Ultra 7 processor (H/U series) featuring intel vPro®

**OPERATING SYSTEM**
Windows 11 Pro
Linux

**GRAPHICS**
Integrated Intel® Arc (on H-series)
Intel® integrated

**CAMERA**
SMP USB, SMP + IR USB with webcam privacy shutter

**MEMORY**
Up to 64GB DDR5 5600Mhz dual SODIMM

**STORAGE**
up to 2TB PCIe Gen4x4 SSD (2280)

**BATTERY**
39.3Whr (97% PCC)
52.5Whr (90% PCC) (CRU)

**AC ADAPTOR**
Up to USB-C 65W (supports RapidCharge)

**AUDIO**
User-facing Dolby® Audio
Dolby® Voice
2x speakers (90% PCC)
2x mics

**software**

**LENOVO VALUE-ADD PRELOADED APPS**
Lenovo Commercial Vantage
Lenovo View
Intel® Unison™
TrackPoint Quick Menu

**security**

Intel vPro® security
Lenovo ThinkShield
Power-on or MoC Touch Fingerprint Reader on keyboard
IR camera option with Windows Hello facial recognition
dTPM 2.0 chip
Webcam privacy shutter
Nano Kensington™ lock slot

**connectivity**

**INPUT/OUTPUT PORTS**
2x USB-C Thunderbolt™ 4
2x USB-A 5Gbps
1x HDMI 2.1
1x RJ45
1x Audio (Headphone and Microphone Combo Jack)
1x Nano SIM

**WIRELESS**
Intel® Wi-Fi 7
Intel® Wi-Fi 6E
5G sub-6 eSIM
4G LTE (CAT6 eSIM)
Bluetooth® 5.1 (Windows 10) or Bluetooth® 5.3 (Windows 11)

**NFC**
Yes (Eclipse Black only)

**DOCKING**
Thunderbolt Dock
USB-C Dock

**design**

**DISPLAY**
14” WUXGA (1920x1200) IPS AG (400nit, 45% NTSC, DBEF5)
14” WUXGA (1920x1200) IPS OCT touch AG (400nit, 45% NTSC, DBEF5, Eyesafe)
14” 2.2K (2240x1400) IPS AG (300nit, 100% sRGB, TUV LBL)
14” WUXGA (1920x1200) IPS LP AG (400nit, 100% sRGB, Eyesafe)
14” 2.8K (2880x1800) OLED AGAR (400nit, 120Hz, 100% DCI-P3, Dolby Vision, Eyesafe, HDR True Black 500)
14” WUXGA (1920x1200) IPS AG Privacy Guard OCT touch (500nit, 100%RGB)

**DIMENSIONS (W X D X H)**
315.9 x 223.7 x 17.7 mm / 12.44 x 8.81 x 0.70 inches

**WEIGHT**
Starting at 2.96 lbs / 1.31 kg

**MIL-STD-810H**
Yes

**KEYBOARD**
ThinkPad TrackPoint Keyboard (1.5mm travel)

**COLORS**
Eclipse Black
Luna Grey

©2024 Lenovo. All rights reserved. These products are available while supplies last. Prices shown are subject to change without notice. For any questions concerning price, please contact your Lenovo Account Executive. Lenovo is not responsible for photographic or typographic errors. Warranty: For a copy of applicable warranties, write to: Warranty Information, 500 Park Offices Drive, RTP, NC 27709. Attn: Dept. ZPYA/B600. Lenovo makes no representation or warranty regarding third-party products or services. Trademarks: Lenovo, the Lenovo logo, Rescue and Recovery, ThinkPad, ThinkCentre, ThinkStation, ThinkVantage, and ThinkVision are trademarks or registered trademarks of Lenovo. Microsoft, Windows, and Vista are registered trademarks of Microsoft Corporation. Intel, the Intel logo, Intel Inside, Intel Core, and Core Inside are trademarks of Intel Corporation in the U.S. and/or other countries. Other company, product and service names may be trademarks or service marks of others.