

From alarming to promising

How virtual health is changing chronic care and patient engagement — for the better

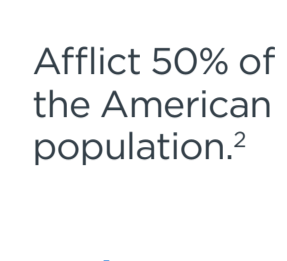


Widespread and increasing

Chronic conditions like diabetes, hypertension, and behavioral health

41 million

Kill 41M people annually, 17M prematurely.¹



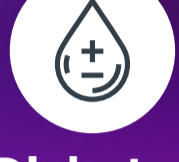
Afflict 50% of the American population.²

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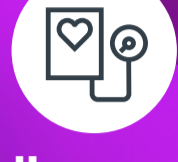
Eat up 86% of US healthcare expenditures.²

Patients need a more holistic approach to maintaining their overall health. Home-based virtual health is a promising model.

Great candidates for virtual health



Diabetes



Cardiovascular disease



COPD



Behavioral health



Video visits



RPM



Patient Education



formula for virtual health success

RPM knowledge is power



What is remote patient monitoring?

- Care provider and patients stay connected between visits
- Patients use biometric devices and wearables to take vitals at home

Blood pressure **Weight**
Glucose **Oxygen saturation**
Heart rate **Temperature**

- Providers get objective data and increased visibility into patient care plan adherence
- Clinicians can monitor, evaluate, and intervene as needed

RPM is data-driven. Analyzing the patient data requires computing devices with the right performance for analytics and reporting. The Lenovo ThinkPad® X1 Nano, powered by the Intel vPro® platform, delivers unrivaled collaboration while offering comprehensive hardware-based security features for healthcare business solutions.

RPM adoption is skyrocketing

30M

US patients will use RPM tools by 2024.³

80%

of Americans surveyed favor RPM.⁴

88%

of chronic disease patients would manage their condition better with RPM devices.⁵

88%

of providers have invested in or are evaluating investments in RPM technologies.⁶

Home-based virtual health

- Engages patients
- Provides personalized care plans
- Deepens awareness of patients' true health

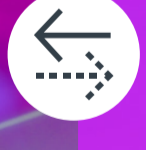
It lets patients

- Take charge
- Learn about their disease
- Make lifestyle changes with healthier habits

This can lead to

- Improved outcomes
- Decreased ED visits
- Reduced hospital readmissions

Big benefits for hospitals and clinics



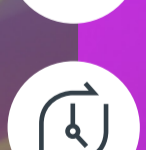
Extends clinical reach and widens access



Simplifies provider workflow and improves productivity



Expands capacity and addresses physician shortages



Improves efficiency, saves costs, and provides RPM reimbursement

At Lenovo, we believe in patient-first healthcare powered by people-first technology.

Together with our partners, we are pioneering virtual health solutions for both in-hospital and home-based care. When you're ready, we're here to help.

Contact your Lenovo Health Account Representative or local Business Partner

www.lenovo.com/Health

Sources

1 World Health Organization, "Noncommunicable Diseases," April 2021
2 American College of Rheumatology Journal (Open ACR Rheumatol.), "The Relation of the Chronic Disease Epidemic to the Health Care Crisis," March 2020
3 Business Insider, "The technology, devices, and benefits of remote patient monitoring in the healthcare industry," March 2021
4 MSI International, "Americans View Remote Monitoring of Health Favorably," June 2021
5 Suvana study for Sony, "U.S. consumer attitudes towards specialized remote health monitoring devices," June 2020
6 mHealth Intelligence, "88% of Providers Investing in Remote Patient Monitoring Tech," November 2019



Smarter technology for all

